





### What is the minimum age to legally use WhatsApp in the UK?

In the UK you need to be 16 to legally use WhatsApp.

### How can parents monitor their child's WhatsApp?

WhatsApp is secure and encrypted so it cannot be intercepted. You can, however, set up a second device allowing you to participate in their chats and conversations. You can access the information and guide on the [parentshield.co.uk](https://parentshield.co.uk) website [here](#)

### What precautions can Parents take?

- \* Use a child-safe mobile network
- \* Check a child's phone regularly to see what Apps are installed
- \* Use Parental Controls to restrict app installation to chosen apps
- Set privacy settings on any chat applications to restrict sharing with known contacts only

### Why is WhatsApp dangerous?

By default WhatsApp allows unrestricted sharing of voice, text images and videos with any other user anywhere in the world.

Personal information, profile picture, and even location can easily be shared with hundreds of strangers.

### Why is ParentShield different?

ParentShield intercepts and BLOCKS any WhatsApp ( And Snapchat, and Signal, and Telegram!) setup verification SMS messages and informs parents instantly.

<https://parentshield.co.uk>

## Brook school values

I'm sure you're aware that our school values are:

Respect Pride Challenge Independence Resilience

Each of these values are an integral part of our curriculum- we encourage our children to demonstrate them in all that they do.

We would encourage parents to speak to their children about the values and how they can also show them at home as well as at school.

I am very proud when I walk around school and hear our children using their manners, holding doors open for others, showing pride in their work, challenging themselves by working hard even when things are hard and also having the courage to complete work independently.

If you notice your children showing any of our school values, please praise them and encourage them to continue to do so at home, in school or even at a club.



**Respect ★ Pride ★ Challenge ★ Independent ★ Resilient**



## A great start for babies and young children

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. That's where HENRY comes in.

The HENRY programme is free to join and helps you give your child the best possible start in life.

### About the programme

The programme is for parents or carers of children aged 0 to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY *Healthy Families: Right from the Start* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

### Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

**Week 1** – Decide what changes you want to make and set your own goals

**Week 2** – How to juggle life with young children so you all get what you need

**Week 3** – How to respond to children's needs without giving in to all their demands

**Week 4** – Positive mealtime tips for a happy family – reducing mealtime stress for everyone

**Week 5** – Ideas for active play to help children learn, develop and stay happy

**Week 6** – Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

**Week 7** – Understanding and managing your child's behaviour for a happier home

**Week 8** – Celebrate your success as a parent and plan the future for your family

*"I'm so glad I did this programme. Do it!"*

*"This was the best thing I could possibly have done to help me be a better mum"*

### What do I get on a HENRY programme?

Every parent joining a HENRY programme receives a HENRY toolkit which includes everything you'll need during the programme and helpful resources to use in your family.

The HENRY toolkit will help you give your child a great start in life, get the whole family involved, and keep track of how well you're doing.



Scan this code to visit the  
Henry Website



Scan this code to watch  
a Henry Introduction Video

### How can I join a programme?

#### Henry @ Brook Primary School

**Tuesday 23rd April 2024 14:30-15:30 pop along for a coffee and a chat and meet the facilitators**

**The 8 Week Programme Starts on:**

**Tuesday 30th April 2024 and will run every Tuesday until Tuesday 25th June (with a week off for half term) 12:45-15:15 . Children will join the session at 14:45 for fun activities and snacks every week.**

Did you know you can raise money for our school just by doing your normal shopping?! So every time you shop, you can support our school—it really is that simple!

**Just visit:**

[Fundraising | Charity Fund-raising Online | Easyfund-raising](#)

to create an account and start the fundraising today!

Thousands of retailers will donate for free including...

**Amazon / Ebay / Tesco**

**M&S / Argos / Sky**

**Boots / Currys / Just Eat**



**Attendance %  
w/c 15/04/2024**

**3B were the highest attendees in KS2 and 2T were the highest in KS1.**

**Well Done!**

Rec D	95.83%
Rec B	89.13%
1R	94%
1W	99%
2C	96.33%
2T	99.31%
3B	99.29%
3MH	97%
4D	96.79%
4F	94.44%
5I	93%
5P	91.79%
6AH	94%
6HT	91%
School Total	<b>94.83%</b>
Target	97%

We would like to say a big well done to all the children that have represented the school playing football in our last three matches. We unfortunately lost all three games but all players performed well, battling and showing very good teamwork and dedication. A big thank you to all the parents that have supported the team at all games, it is very much appreciated.



# Brook Buddies



Brook Buddies is our before & after school provision, we provide breakfast & an after school snack (allergies are catered for wherever possible—advance notice needs to be given)

Our session times & prices are below:

**Breakfast club:**

8:00am-8:45am - £3.50

**Afterschool club:**

Half session 3:20pm-4:45pm - £5.25

Full session 3:20pm-5:45pm - £8.00

**All bookings must be made by Thursday of the week before you require childcare.**

**Please note: (Summary from Brook School policy)**

Parents should collect their child promptly at the end of a session otherwise you will be charged a fee of **£10.00** to cover staff costs if they are **more than 10 minutes late**. If this situation arises more than three times in one term, their child's place at Brook Buddies may be forfeited!

**Buddies parents please note:**

If you need an emergency place (& these can only be given if we have spaces)—this needs be paid on Parent Pay no later than 3pm

To get in touch please call **07970704158**

**Buddies@brook.dudley.sch.uk**

Please note we can only answer the phone & emails during our operating hours.

**This week we have planted some beans for the garden, we have finally enjoyed some outdoor play & made some daisy chains!**