

**Please find below a selection of fiction books to support mental health issues. If you would like to know more about any of the books on this list, they can all be found on Amazon or alternatively come and have a chat with Mr Allen.**

## Dealing with loss/ bereavement

### KS1

Grandpa Loved' by Josephine Nobisso

Goodbye Mog by Judith Kerr

Badger's Parting Gifts by Susan Varley

Missing Mummy by Rebecca Cobb

The Invisible String by Patrice Karst

Michael Rosen's Sad Book, by Michael Rosen

The Heart and the Bottle by Oliver Jeffers

The Goodbye Book by Todd Parr

Duck, Death And The Tulip' by Wolf Erlbruch

When Dinosaurs Die' by Laurie Krasny Brown and Marc Brown

If All the World Were by Joseph Coelho

KS2

Charlotte's Webb by EB White

Vicky Angel by Jacqueline Wilson

The Cat Mummy by Jacqueline Wilson

A Monster Calls by Patrick Ness

The Bridge to Terabithia by Katherine Paterson

Death is Stupid by Anastasia Higginbotham

The Many Worlds of Albie Bright by Christopher Edge

### Mental health/ anxiety

KS1

Ruby's Worry by Tom Percival

Silly Billy by Anthony Browne

Bob's Blue Period by Marion Deuchar

Black Dog by Levi Pinfold

My Many Coloured Days by Dr Seus

The Huge Bag of Worries by Virginia Ironside and Frank Rodgers

The Way I Feel by Janan Cain

Glad Monster, Sad Monster by Ed Emberley and Anne Miranda

Mouse Was Mad by Linda Urban

KS2

Goldfish Boy by Lisa Thompson

The Light Jar by Lisa Thompson

Cloud boy by Marcia Williams

The Mystery of the Colour Thief by Ewa Jozefkowicz

Seaglass by Eloise Williams