



School GEMs activities.		
All to be completed		
Activity	Date Achieved	Signed
Liaison with secondary schools		
Have an outdoor adventurous residential experience		
Consider possible careers		
Sail or row a boat/canoe		
Climb a hill/mountain		
Try DIY/woodwork		
Visit a synagogue		
Learn first aid		
Try rock climbing/abseiling		

Home GEMs activities.					
Choose from . . .					
Activity	Date Achieved	Signed	Activity	Date Achieved	Signed
Climb a tree (with adult supervision)			Hunt for fossils and bones		
Roll down a big hill (with adult supervision)			Make your own natural treasure hunt		
Skim a stone across water			Explore a cave with an adult		
Catch a falling leaf			Track wild animals		
Jump over waves			Fly a kite		
Go on a really long bike ride			Check out the crazy creatures in a rock pool		
Join a club outside of school			So swimming in the sea		
See or participate in a live sporting event			Canoe down a river/make a mini raft		
Plant, grow and eat your own food			Camp out in the wild with an adult		
Dam a stream			Find a geocache - item hidden at a secret location whose clues and co-ordinates have been posted on the internet		
Catch a fish with a net			Run through some long grass		
Play pooh sticks			Go stargazing		
Watch a sunset			Watch a sunrise		
Explore inside a tree			Learn to ride a horse		
Go on a barefoot walk			Cook a healthy meal.		